

The forum Stroke club Wilton Salisbury...

The idea of archery for the disabled is a new venture for us and I suspect a new activity for my stroke members. Whilst at an archery event the instructor knowing my involvement in stroke clubs suggested to me archery for the disabled, an activity in which he was experienced. I liked the idea and felt it would be a challenge for my members. Stroke can be devastating and at most times happens without warning turning peoples lives upside down. Our aim is to encourage stroke survivors to try. and. achieve. Many every day things may have become difficult or non achievable and with the help of the club and it's volunteers we hope to improve these problems, even to socialise is a big step for the new stroke survivor so how much more of an achievement is it to accomplish something you have never tried before, or even re-establish a lost skill. It doesn't really matter how one comes to it it's "the having a go" that's important helping to build a confidence lost. The fun the laughter and pride that ensues when you discover that you could be an accomplished "Robin Hood"